

# January

2023

Nek'wilgi Pre-Employment Program

## Happy New Year!

It is always great to start a new year and make resolutions, but really, we must always be evaluating ourselves and making new goals as we go along. In the long haul, we choose to recommit to goals that are important to us. I am wishing you all the best in 2023.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 School starts Helping Elders	4 Math Public speaking	5 Chicken Caesar for sale \$10	6 Cooking with Doris; writing class	7
8	9 Helping Elders Writing	10 Driving classes and time to redo the test	11 Un/healthy relationships-how to break up/stay	12 Fish patties and rice with dill sauce \$10	13 Cooking with Doris; public speaking	14
15	16 Helping Elders Writing	17 Bagged lunches Swimming Art gallery	18 Bake bread for tomorrow; relationships pt.2	19 Fresh bread, fish sandwiches, Caesar salad \$10	20 Cooking with Doris; public speaking	21
22	23 Carving soapberry spoons all day	24 Carving all day	25 Carving morning Math	26 Helping Elders Writing	27 Cooking with Doris; public speaking	28
29	30 Helping Elders Writing	31 Driving classes and time to redo the test				